

White Castle Burgers:

Nutrition Facts	
Serving size	2 (104g)
Amount Per Serving	
Calories	320
	% Daily Value*
Total Fat 18g	23%
Saturated Fat 8g	40%
<i>Trans</i> Fat 1g	
Cholesterol 30mg	10%
Sodium 1000mg	43%
Total Carbohydrate 28g	10%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 16g	32%
Vitamin D 0mcg	0%
Calcium 130mg	10%
Iron 0mg	0%
Potassium 0mg	0%
Vitamin A	4%
Vitamin C	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Bun: Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Soybean Oil, Contains 2% or less of: Yeast, Salt, Calcium Stearoyl Lactylate, Vital Wheat Gluten, Corn Syrup Solids, Guar Gum, Monoglycerides, Oat Fiber, Monocalcium Phosphate, Sodium Alginate, Wheat Flour, Xanthan Gum, Ascorbic Acid, Enzymes. Hamburger: Beef. Sharp Pasteurized Process American Cheese: Cultured Milk, Water, Cream, Sodium Citrate, Salt, Sorbic Acid (preservative), Sodium Phosphate, Artificial Color, Enzymes, Acetic Acid, Soy Lecithin. Water, Dried Onion, Salt, Pepper. Contains: Milk, Wheat, Soy.